UNITED STATES DISTRICT COURT CENTRAL DISTRICT OF CALIFORNIA

Plaintiffs,

V.

DIANA BONTÁ,

Defendant.

CASE NO. CV 98-4181 AHM (AJWx)

SUPPLEMENT TO SPECIAL

MASTER'S RESPONSE TO THE

COURT'S QUESTIONS AND

PROPOSED MASTER'S DUTIES

Honorable A. Howard Matz

Ctroom: 14

This supplemental report is written to provide further discussion to the Court regarding my considerations regarding the special master's role in the resolution of the *Emily Q*. lawsuit. Upon rereading my submission of January 6, 2006, I determined that a clear discussion of the challenges that must be addressed to resolve the matters of *Emily Q*. successfully and bring the lawsuit to close were also needed. To provide a further context, this supplemental report outlines my considerations in beginning the role of special master as well as suggestions for a course of action leading to meeting the purposes of the Judgment.

Supplement to Special Master's Response

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My approach to system change as a manager and court monitor is to develop understanding of the facts and context in a particular situation before imposing or recommending specific actions, strategies, or a critical path of development. To this end, during the first six months of my role, I often deferred to the Defendant's prerogatives and preferences, and was careful not to be too intrusive while I oriented myself to the issues, available data, and perceived barriers.

California is a very large state, and I was acutely conscious that any major system change effort was going to take time and significant resources. As I stated in my response to the court, my initial approach was to define success as the Defendant making progress and taking diligent action to increase TBS utilization.

I also recognized and confirmed that Therapeutic Behavioral Services (TBS) occurs in the context of a larger system of Medicaid EPSDT services that Mental Health Plans (MHPs) provide to Medicaid eligible children. This means that lack of access to TBS, delays in receiving TBS or other services, and lack of consistency and quality in service delivery may be a result of several variables. These include a break down in the TBS process or capacity per se, a break down in access to mental health EPSDT services, or a lack of consistency and quality control across the whole MHP system. In the focused reviews, we found breakdowns at all levels. Access and service delivery at the MHP level are also affected by the communication and working relationships between the MHP and Child Welfare, Juvenile Justice, Family Court and providers of services. Improving access and appropriate utilization of TBS services may require improvements in specific TBS processes and services at the MHP level, or the barriers may reside in broader EPSDT performance and interagency coordination issues. Refinement may require improvement and intervention at each of these levels. Proof of refinement or improvement must be documented through verifiable quantitative and qualitative data.

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28 achievement of, progress

Supplement to Special Master's Response

Changing the consistency of performance and service utilization in a child serving system requires setting clear practice performance expectations, leadership that promotes change and adherence to performance expectations, necessary resources and capacities, measurement of progress using quantitative and qualitative indicators, and feedback loops to implementers as to whether they are making progress toward the defined expectations. It has been my experience that these conditions and capacities must exist if true systemic improvement is to be made. When these conditions exist and are well executed, more children receive appropriate quality services on a consistent basis resulting in more positive outcomes. This is true whether the reform is driven by management or a lawsuit. To make significant systemic change, leadership must work diligently to create the conditions that promote change. The forward motion that creates change must come from leadership champions within the organization, or be imposed externally until the internal capacity and motivation exists.

The challenges presented by *Emily Q*. at the present time are several. First, an operational definition of "achieving the purposes of the Judgment" must be agreed upon or imposed. If the current status quo is acceptable and the Court finds that that the data presented in the September 30, 2005, letter from Mr. Munoz to the special master is sufficient evidence of increased utilization, and these data satisfy the court that the purposes of the Judgment have been met, then the lawsuit should end. (See discussion of these issues in the October 12, 2005 Special Master's Report and specifically page 10).

If current reported utilization rates are not satisfactory to the Court, then options that can be used as exit criteria to determine when the Court's jurisdiction should be terminated must be considered. It is essential that an operational definition of "successfully achieving the purposes of the Judgment and subsequent orders" be established so that the Defendant can be held accountable for the lack of, or achievement of, progress and ultimately for meeting the criteria for success.

Creating exit criteria would also allow for explication and development of the critical path to success that would guide a strategic plan.

It would be essential that the Court establish a short timeframe for the parties to negotiate exit criteria with the oversight and facilitation of the successor master. If it is unlikely that agreement on exit criteria would not be achieved in a timely manner, the master should be charged and given the capacity to bring together an external panel of expertise to develop the exit criteria. Another option would be for the master and a small of experts to develop initial criteria, and allow the parties to work together to negotiate refinements.

One approach to defining exit criteria might be as follows. First, the Defendant would demonstrate a trend of increasing utilization of TBS based on a definition of acceptable rate of growth, including demonstration of improved utilization in counties that have utilization below a defined rate. Second, training and technical assistance of sufficient scope, intensity and content as documented by numbers of participants and numbers of sessions, and verified by local stakeholders' assessment of value and satisfaction would be delivered. Third, at least one Focused Review a month would be conducted in an MHP with lower utilization rates. These reviews would serve as a training opportunities as well as documentation of whether practice and outcomes were improving. Together, these three strategies would define the exit criterion of "the defendant working diligently to make improvements in the access and consistent delivery of the TBS services." These strategies would be used to work with counties on an ongoing basis to achieve improved access, quality, and consistency with defined benchmarks and accountability.

Another approach to exit criteria is the one that I used in the R.C. case in Alabama and in the Felix case in Hawaii. The approach is also being used in the child welfare case in Utah where Paul Vincent is the court monitor, and in the Dixon case in the District of Columbia where the court monitor is Dennis Jones.

The strategy in this scenario would be the creation of quantitative indicators by county that clearly show that class members are being identified, receiving services, and whether they are moving into more restrictive or less restrictive settings. Stratified random samples of children who are class members would be reviewed with a qualitative review process (Focused Reviews) that document the diligence of practice and the progress being made for the sample of children. A standard would be set that at least, for example, 85% of the sample must be judged to have overall acceptable performance of practice functions to be determined compliant. Quantitative indicators would show timely delivery of services and trends toward more services being received in the community. Local stakeholder interviews and focus group discussions would indicate that progress is being made. Using this strategy, it is both time consuming and costly to raise all counties to an acceptable level of performance. For this reason, I did not recommend this specific approach to exit criteria for California. However, it is the most direct measure of practice and would show whether class members are receiving TBS or other appropriate services in lieu of TBS.

If I were Director of the DMH attempting to implement systemic reform through the Mental Health Services Act, *Katie A.* and *Emily Q.*, I would use this approach as both a measurement and system development tool. Leadership could promote implementation at the MHP level as a component of the quality assurance system. At the state level, it would serve as a tool of measurement and accountability. Both Indiana and Missouri have chosen (without a lawsuit) to implement this type of approach for both children and adults served by the mental health program statewide as a key accountability and system development process. It would be possible for the Defendants to agree to this process for system reform purposes, with the understanding that a practice performance standard would not be used as criteria for compliance in the lawsuit, but that developing and

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implementing the process would be a component of the exit criteria that might also include components of other options.

A third option for exit criteria is a TBS utilization benchmark set for the state overall and for counties individually to meet, or show through substantial data, how class members' service needs are being met in lieu of TBS. This option requires development of much improved data collection, analysis, and synthesis at the MHP level, as well as improvements in quality assurance activities by the MHP. These were key deficiencies of many MHPs identified by the External Quality Review Report (EQRO report) Referred to in my October 12, 2005 report.

There are pros and cons and variations to each of these three options for creating and implementing exit criteria for *Emily Q*. Regardless of which is chosen, it is absolutely essential that clear criteria and performance expectations be set that define how and when the purposes of the Judgment are to be fulfilled. The master was working toward meeting with the parties to facilitate the development of exit criteria, and the Defendants expressed some interest. However, the positions taken by the Defendants and the discussions that occurred up until that time did not make me optimistic that meaningful criteria would be agreed to. Assuming the Court's jurisdiction continues, then the primary concern should be that the Defendants must "perform" to remedy the issues that mandate that the Court maintain jurisdiction. By definition, if they cannot perform, then the Court will have to use external interventions of increasing intensity and cost to achieve the purposes of the Judgment in a reasonable timeframe.

For meaningful negotiations related to exit criteria and accountability for performance to take place the right people must be at the table, and they must be motivated to achieve agreement that will likely result in success. It was clear in my interactions with the parties that I was facilitating discussion mostly with lawyers, and that I was not having discussion and interaction with program leadership who had the authority to make decisions. Because of my initial approach of showing

consideration and respect for the current administration while I got up to speed, I 1 2 did not make this an issue until I requested my meeting with Dr. Mayberg in September 2005. However, I found the lack of interaction with decision makers to 3 be a barrier and an indicator of the low priority and minimalist response Defendants 4 had for resolving the issues of Emily Q. I would strongly recommend that the next 5 6 master, or the Court, require periodic meetings between the special master and the 7 Defendant's management team. At least a Deputy level member of the DMH 8 management team should be required to participate in all negotiations with the parties and on problem solving until such time as a clear critical path of activities 10 leading to the achievement of the purposes of the Judgment have been set and 11 progress demonstrated. 12 13 14

The Court has determined that the purposes of the Judgment are not met and that thousands of children still do not have appropriate access to TBS. My work during the past year convinced me that this is the case, and that a stronger effort, either on the part of the Court or through powers given to the special master, will be required to move the state in a positive and productive direction for these children.

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Dated: January 9, 2006

Ivor D. Groves PhD Special Master

Respectfully Submitted

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PROOF OF SERVICE

1	STATE OF FLORIDA COUNTY OF LEON) ss.				
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3	I am over the age of eighteen years and not a party to the within action. I am employed by the Special Master appointed by the United States District Court, Central District of California. My business address is 2107 Delta Way, Tallahassee, Florida 32303.					
4	On January 9, 2006 I served the foregoing document(s) described as:					
5	Supplement to Special Master's Response to the Court's Questions					
6	and Proposed Master's Duties					
7	envelopes addressed as stated on the attached mailing list /placing the original XX/placing a true copy thereof, enclosed in sealed envelope(s) addressed as follows:					
1						
9	Mateo Muñoz					
10	Deputy Attorney General	0.7	Nancy Shea			
11	State of California Department Office of the Attorney General		Mental Heal 3255 Wilshi		•	3
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12	P.O. Box 944255		Los / Higoles	, 021 7001	· ·	
13	Sacramento, CA 94244-2550		Bob Newma	ın		
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16	Los Angeles, CA 90010					
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18	XX BY MAIL) I deposited such envelope(s) in the mail at Tallahassee, Florida. The envelope(s) was mailed with postage thereon fully prepaid. I am "readily familiar" with the firm's practice of collection and processing correspondence for mailing. It is deposited with the U.S. Postal Service					
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19	on that same date in the ordinary course of business. I am aware that on motion of party service is presumed invalid if postal cancellation date or postage meter date is more than					v served.
20	after date of deposit for mailing in affidavit.					
21	(BY PERSONAL SERVICE) I caused such envelope(s) to be delivered by hand to the					
22	addressee as addressed above.					
23	BY ELECTRONIC TRANSFER) I caused all of the pages of the above-entitled document to be sent to the recipient(s) /noted above, /on the attached service list, via electronic transfer (FAX) at the respective FAX number(s) /indicated above, /on the attached service list.					
24						
24 25	Executed on this 9th of January, 2006, at Tallahassee, Florida. I declare under penalty of perjury under the laws of the State of Florida and the United States that the above is true and correct.					
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