# Inmate-Patient Advocacy in California County Jails

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### Laws You Should Know

#### - Prison Litigation Reform Act

- Exhaustion Requirements
  - Exceptions. Even if you think there is an exception, use the jail grievance system!!
- Requires physical injury for damages
- Limits on injunctive relief
- Americans with Disabilities Act (ADA), Title II (42 U.S.C. § 12132) and Title III (42 U. S. C. § 12188)
- Section 504 of the Rehabilitation Act, 29 U.S.C. § 794
- California Government Code § 1135
- 8<sup>th</sup> Amendment to the U.S. Constitution
- 14<sup>th</sup> Amendment to the U.S. Constitution
- Article I, Section 7 of the California Constitution
- Article I, Section 17 of the California Constitution

Title 15 of the California Code of Regulations

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#### **Common Issues**

- Overuse and misuse of isolation and solitary confinement
- Deficiencies in provision of mental health and medical treatment
- Discriminatory practice

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### Mental Health Services in Jails LPS designated units (CTC)

"Inmate-patients will be afforded such rights as are commonly afforded to medical/mental patients and are consistent with jail or prison policies and procedures." 22 CCR § 79799(a)

#### **Competency Services**

- In LPS units
- Jail Based Competency Treatment Programs

**Outpatient Level Services** 

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### **CTC Specific Patients' Rights**

- 1. Right to be fully informed of these rights and of all rules and regulations governing inmate-patient conduct.
- 2. Right to be fully informed of facility services
- 3. Right to be informed of his/her medical condition and be afforded an opportunity to discuss treatment with a physician
- 4. Right to informed consent
- 5. Right to be informed of and provided access to grievance forms
- 6. Right to be free from mental and physical abuse
- 7. Right to be free from unnecessary seclusion and restraint and emergency medication
- 8. Right to confidential treatment
- 9. Right to be treated with consideration, respect, and dignity
- 10. Right to refuse ECT
- 11. Right to refuse psychosurgery
- 12. Right to review medical records, unless specific criteria is met
- 13. Right to be free from discrimination

#### 22 CCR § 79799

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Image Description: Mental Health Patients' Rights flyers in five languages posted on a bulletin board.

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### **PRA Access Authority**

#### LPS designated jail units:

- Clear investigative, monitoring, and training authority.

#### General population jail mental health services:

- Clear training authority.
- -Strong argument for investigative and monitoring authority.

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### PRA Advocacy in Jail – What You Can Do!

- Advocate for adequate mental health services.
- Train jail staff on mental health law.
- Refer abuse complaints.

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### **Disability Rights California**

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