

Food Money for SSI Recipients!

In 2019, people who get SSI can get more money every month for food! Read below for more information!

How will I get more money for food?

There is a program called CalFresh that people used to call Food Stamps. Beginning June 1, 2019, people who receive SSI will be allowed to get CalFresh.

How does it work?

CalFresh gives you money every month to spend on food. If you qualify, CalFresh will give you a special debit card called an EBT card with money loaded on to it. You can use that EBT card to buy food.

Will my SSI money go down?

No! If you get SSI and start getting CalFresh, your SSI should not change. That means that with CalFresh, you will have extra money to buy food. So, you can spend more of your SSI check on other important things like rent.

How much CalFresh money will I get?

It depends. When you apply, the program staff will talk to you about how many people you live with and will decide how much CalFresh money you will get. You may get over \$100 per month for food!

What about my family?

If your family already gets CalFresh, you should talk to the program staff to see if their benefits will change. It is possible that in a household where many people get CalFresh, some members may get less money because you will also be getting money to help pay for food. Not many people will be affected by this. You should talk to the social worker for more information.

How do I apply?

You apply can apply online, on the phone or in person!

To apply online, go to: <https://www.getcalfresh.org/?source=cdss>

Here is a website with the county offices on it:

<http://www.cdss.ca.gov/County-Offices>

The phone number is 1-877-847-3663

I don't get SSI but I get CAPI. Do I get CalFresh?

No, but people who get CAPI (which stands for Cash Assistance Program for Immigrants) will also get \$10 per month for food.