



*Serving Consumers of  
South Central Los Angeles Regional Center*

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## MEMORANDUM

TO: Jeanne Molineaux, Director  
FROM: Anastasia Bacigalupo, Outreach Coordinator  
RE: Semi-Annual OCRA Outreach Report  
July – December 2009  
DATE: 2/1/2010

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### Overview of the Past Six Months

In the month of July, OCRA staff embarked upon the process of evaluating their communities, picking target communities and developing new outreach plans. Statewide staff participated in a training focused on supporting their outreach efforts. The training provided staff with information on how to cultivate new community contacts and how to do a legal clinic. In addition, staff watched a DVD on presentation skills and staff participated in an interactive dynamic implementing the skills discussed in the DVD. Lastly, all staff was acknowledged for their individual and collective contributions to OCRA's outreach effort for the 2007-2009 outreach years.

For August, September and October, OCRA staff finalized their outreach goals and objectives, and began to connect with their contacts within their respective catchment areas. Also, during this period, staff doubled their outreach efforts to reach consumers, their families and circles of supports regarding the Trailer Budget Bill and potential changes to the IHSS program. Staff collaborated with DRC staff throughout the state to provide accessible outreach trainings related to the budget cuts and changes to IHSS.

Over the past six months, staff continued their focus on the development of on-going relationships with traditionally underserved communities of color, providing trainings to communities on a variety of subjects including the following: Special Education Rights, IEP Development, IPP Development, Regional Center Fair Hearing Process, Medi-Cal, Social Security, In Home Supportive Services, and Denial of Rights. Staff also conducted numerous client-centered outreaches, training consumers on financial abuse, voting rights, and clients' rights.

### Target Communities

Organizationally, OCRA has made a commitment to actively outreach to and serve people with developmental disabilities from traditionally underserved communities. Of the 22 offices statewide, 15 offices have targeted the Latino community through their outreach plans, 3 offices have targeted Asians, 3 offices have targeted African Americans, and 1 office has targeted the Native American Community. The selection of the target communities for the 2009-2011 outreach years shows OCRA's continued effort to build lasting relationships of trust with leaders and members in communities typically underserved by the regional center and other social service agencies.

### Outreach Highlights

Over the past six months, OCRA has provided more than 220 outreach trainings and reached over 8,900 people. Topics of these trainings ranged from "Disability Awareness" given to a local police department to "Your IPP".

Statewide OCRA staff continued to meet their goals and objectives by conducting self-advocacy trainings to consumers and their circles of support. At this point, half of OCRA offices have conducted 1 or more self-advocacy trainings on topics like "Emergency Preparedness", "Voting Rights", and "Changes to the Lanterman Act".