



California's protection & advocacy system  
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# Kev Tau Txais Cov Kev Pab Txhawb Nqa Kev Sib Txuas Lus los ntawm Medi-Cal

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*Lub Kaum Hli 2019, Nthuav Tawm. #7151.009 - Hmong*

Koj puas paub tias yog koj tau txais Medi-Cal thiab koj qhov xiam oob khab ua rau nws nyuaj heev rau koj sib txuas lus, Medi-Cal yuav them rau cov kev pab txhawb nqa sib txuas lus uas koj xav tau?

## **1. Medi-Cal yog dab tsi?**

Medi-Cal yog California lub phiaj xwm Medicaid. Medi-Cal muab kev pab them nqi kho mob rau ntau cov neeg tau nyiaj tsawg. Yog koj tau txais Cov Nyiaj Tau Los Ntxiv Ntawm Fab Kev Ruaj Ntseg [Supplemental Security Income (SSI)], koj yuav tau txais Medi-Cal. Medi-Cal tsis yog rau kom tau txais tshuaj lossis mus cuag kws kho mob. Medi-Cal tseem tuaj yeem suav nrog cov kev pab cuam thiab cov cuab yeej koj xav tau los sib txuas lus.

## **2. Cov kev pab txhawb nqa kev sib txuas lus yog dab tsi?**

"Cov kev txhawb nqa kev sib txuas lus" yog cov cuab yeej lossis cov kev pab cuam uas pab cuam ib tus neeg xiam oob khab sib txuas lus. Cov kev pab txhawb kev sib txuas lus tau qee zaum hu ua Cov Yeej Kev Sib Txuas Lus Ntxiv [Augmentative Communication Devices (ACD)], Kev Sib Txuas Lus Ntxiv Thiab Txoj Kev Xaiv [Augmentative and Alternative Communication (AAC)], Thev Naus Laus Zis Muab Kev Pab Yooj Yim [Assistive Technology (AT)], lossis Cov Khoom Siv Kho Mob Ruaj Khov [Durable Medical Medical (DME)].

### **3. Kuv puas muaj txoj cai tau txais cov kev pab txhawb nqa kev sib txuas lus los ntawm Medi-Cal?**

Yog lawm. Medi-Cal yuav them rau ib qho kev pab txhawb nqa kev sib txuas lus yog tias koj tus kws kho mob txiav txim siab tias nws yog ib qho "kev kho mob uas tsim nyog" rau koj. Feem ntau, cov kev pab cuam, kev muab cov khoom siv thiab txhua yam khoom siv yog suav tias "tsim nyog rau kev kho mob " thaum lawv "tsim nyog thiab yuav tsum tau muaj kev tiv thaiv lub neej txoj sia, rau kev tiv thaiv kev mob lossis kev xiam oob khab loj, lossis kom txo tau qhov mob hnyav." Rau cov me nyuam yaus hnuv nyoog qis dua 21 xyoos, "muaj kev tsim nyog kho mob " txhais tau tias "tsim nyog txhawm rau kho lossis kho kom zoo thiab cov kev mob ntawm lub cev thiab lub hlwb thiab lwm cov mob."

Nyob hauv cov teeb meem feem ntau, Medi-Cal yuav tsum pom zoo them tus nqi ua ntej koj tuaj yeem tau txais nws. Qhov no hu ua "kev tso cai ua ntej." Hauv lwm yam, kev tso cai ua ntej tuaj yeem suav nrog ib tsab ntawv los ntawm tus kws kho mob lossis tus kws kho mob uas hais tias koj xav tau kev kho mob rau yam khoom ntawd. Ib qho ntxiv, Medi-Cal tsuas yuav them rau tus nqi qis tshaj uas yuav pab tau koj cov kev xav tau.

Qhov nov yog qee cov ua piv txwv ntawm cov kev txhawb nqa kev sib txuas lus uas koj yuav tau txais los ntawm Medi-Cal:

- Dynavox thiab lwm cov cuab yeej tsim kho kev hais lus [Dynavox and other Speech Generating Devices (SGDs)]
- PECs thiab lwm yam qauv ntawm cov kab kev sib txuas lus uas muaj duab;
- Cov phiaj sau ntawv lossis cov phiaj tshiaj ntawv;
- Cov koos pij tawj siv, zoo ib yam li iPad, yog nws siv los ua cov khoom siv sib txuas lus;
- Cov kev pab cuam ntsig txog kev tshuaj xyuas lossis kev kho mob los kawm siv lub cuab yeej.

Yog tias hom kev txhawb nqa kev sib txuas lus uas koj xav tau tsis muaj ncaj qha los ntawm Medi-Cal, koj tseem tuaj yeem thov nws los ntawm

koj tus kws kho mob lossis lwm tus kws muab kev pab saib xyuas kev noj qab haus huv xws li ib txoj "kev pab tsim nyog." Qhov no yuav suav nrog tus txhais lus piav tes, cov neeg koom nrog kev sib txuas lus, lossis cov ntawv sau ua ntawv dig muag lossis cov ntawv loj.

Yog xav paub cov ntaub ntawv ntau ntxiv txog txoj cai rau kev sib txuas lus zoo los ntawm tsoom fwm nom tswv cov kev pab cuam xws li Medi-Cal, saib Tebchaws Asmeskas Lub Tsev Haujlwm Saib Xyuas Kev Ncaj Ncees (U.S. Department of Justice), *ADA Cov Uas Xav Tau: Kev Sib Txuas Lus Zoo*, <https://www.ada.gov/effective-comm.htm>.

#### **4. Kuv yuav tau txais cov kev txhawb nqa kev sib txuas lus uas kuv xav tau li cas?**

Tham nrog koj tus kws kho mob, kws kho mob ua hauj lwm lossis lwm tus kws muab kev pab saib xyuas kev noj qab haus huv txog koj cov kev xav tau thiab thov lawv xa daim ntawv thov kev tso cai mus rau Medi-Cal rau koj.

#### **5. Kuv yuav ua dab tsi yog tias Medi-Cal txiav txim siab tias kuv tsis tuaj yeem tau txais cov kev txhawb nqa kev sib txuas lus uas kuv xav tau?**

Koj tuaj yeem rov hais dua. Yog koj tsis txaus siab nrog Medi-Cal txoj kev txiav txim siab, koj tuaj yeem thov rau Medi-Cal kom muaj ib lub rooj sib hais kev ncaj ncees. Yog tias koj nyob hauv Medi-Cal txoj kev tswj npaj kho mob, koj tuaj yeem sau ntawv tsis txaus siab nrog lub hom phiaj thiab thov kom muaj lub rooj sib hais ncaj ncees yog tias koj tsis txaus siab nrog txoj kev txiav txim siab. Yog koj nyob hauv txoj kev npaj saib xyuas mob nkeeg, koj tuaj yeem thov kom muaj kev tshuaj xyuas kev kho mob ywj pheej [independent medical review (IMR)] nrog California Lub Tuam Tsev Hauj lwm Tswj Xyuas Kev Kho Mob [California Department of Managed Health Care (DMHC)]. Yog koj xav thov IMR, feem ntau koj yuav tsum sau ntawv thov kom rov sib hais dua ua ntej nrog lub phiaj xwm tswj hwm kev saib xyuas. Koj tuaj yeem nkag mus rau ntawm qhov txuas no yog xav paub txog cov ntaub ntawv ntau ntxiv: <http://www.dhcs.ca.gov/services/medi-cal/Pages/Medi->

[CalFairHearing.aspx](#). Yog tias koj muaj lus nug txog koj cov cai thov rov hais dua, koj tuaj yeem hu xov tooj rau Disability Rights California.

*Disability Rights California tau npaj daim ntawv qhia qhov tseeb no uas yog ib feem ntawm Txoj Hauj lwm Koom Tes Ua Pab Pawg Nkag Mus Sib Txuas Lus Nrog Cov Neeg Xiam Oob Khab. Lub phiaj xwm yog tsim los tsim kho, cob qhia thiab ua kom muaj kev sib koom tes ntawm cov thawj Disability Rights California tau npaj daim ntawv qhia qhov tseeb no uas koj los tawm tswv yim rau kev txhawb nqa kev sib txuas lus. Nws yog pob nyiaj tau los ntawm Ability Central, yav tas los hu ua Pob Peev Nyiaj Pab Txhawb Ntawm Cov Neeg Xiam Oob Khab (Disability Communications Fund. Ability Central) txhawb nqa cov kev pab cuam thiab thev naus laus zis uas muaj txiaj ntsig zoo rau kev sib txuas lus thiab kev nkag mus cuag tau cov neeg hauv California uas xiam oob khab. Yog xav paub cov ntaub ntawv ntau ntxiv, mus xyuas <http://dcfund.us/>*