



California's protection & advocacy system

The California Community Transitions (CCT) Program: A Way for a Nursing Home Resident to Return to the Community

April 2021, Pub. #5602.01

Federal funding for the California Community Transitions (CCT) program has been extended through December 31, 2023. Funding may become extended again, depending on federal legislation and whether the state of California is able to continue the program. Check DRC's website for more information in the coming months.

Q. What is the California Community Transitions (CCT) Program?

A. The CCT program is a Medi-Cal funded program available through the state Department of Health Care Services (DHCS) to give people who have their medical coverage through Medi-Cal and live in a medical facility the extra help they need to move from a medical facility to their own home.

Q. How do I qualify for CCT services?

A. If you have your medical coverage through Medi-Cal, and you have resided in a medical facility like a hospital or skilled nursing facility for over 60 days, and you will need services like those you received in the facility to live independently, you qualify for CCT services. However, because of Covid-19, the Governor approved SB 214, which expands eligibility for CCT to people who have been in facilities for any amount of time under 90 days through January 1, 2024.

Q. What is the process for the CCT program helping me?

A. First, the CCT Coordinator in your area will come and meet with you to develop a plan for you to move from the facility where you currently reside to a place in the community of your choosing. This could be to your own home, a family home, or your own apartment.

Q. If I cannot afford to rent an apartment and purchase the household things I will need to live there, can CCT still help me?

A. Yes, the CCT program can help you find an apartment that you can afford and pay for things to get you set up in the apartment to get you started. The CCT program can also pay for home modifications, like grab bars and ramps.

Q. Is there more that the CCT program will do to help me?

A. Yes, they will help you to identify all of the things you will need to live in the community. The CCT will help identify which programs will provide these services. Some of these things are skilled nursing care, in-home attendant care (In Home Supportive Services (IHSS)), obtaining medical equipment you will need in your home, transportation, and help to access any other services you will need to be a part of the community you move to.

Q. After the CCT program helps me to get an apartment, get set up, and identify programs and supports that I will need to live in the community, is the CCT program done helping me?

A. No, one of the services that the CCT program provides is case management. The CCT program will keep your case open and provide case management services for 1 year from the time you move to your own place.

Q. How do I get in touch with someone from the CCT program?

A. DHCS contracts with community providers called Lead CCT Organizations to give people CCT services throughout California. Not every county has a CCT however. To find a Lead CCT Organization in your area, visit the following DHCS link:

[California Community Transitions Project - DHCS - CA.gov](https://www.dhcs.ca.gov/Programs/Pages/California-Community-Transitions-Project.aspx)

Or, E-mail DHCS to get more information at:

California.CommunityTransitions@dhcs.ca.gov

Or, call DHCS to get more information by phone at

(916) 552-9105

(916) 552-9105

(833)388-4551

You can also ask a family member, friend, or the facility social worker to help you contact the CCT.

The full list of CCT providers is below:

**CALIFORNIA COMMUNITY TRANSITIONS (CCT)
LEAD ORGANIZATIONS' CONTACT INFORMATION**

Last Update: March 19, 2020

ACCESS TLC HOME HEALTH CARE

Shelly Chilton

shelley@AccessTLC.com

(805) 517-1620

Counties Served: Los Angeles and Ventura

ARCHANGEL HOME HEALTH, INC. (AHHI)

Daniel Suh

cca-lo@archangelhomehealth.com

(562) 861-7047

Counties Served: Los Angeles, Orange, Riverside and San Bernardino

CHOICE IN AGING (CIA)

Karen Stuckey

kstuckey@choiceinaging.org

(925) 682-6330

Counties Served: Contra Costa, Sacramento and Solano

DAYLE MCINTOSH CENTER (DMC)

Bruce Morgan

bmorgan@daylemc.org

(714) 621-3300

Counties Served: Orange

EAST BAY INNOVATIONS (EBI)

Serom Kim Sanftner

ssanftner@eastbayinnovations.org

(510) 618-1580

Counties Served: Alameda

FREED CENTER FOR INDEPENDENT LIVING (FREED)

Valerie Sharp

valerie@freed.org

(530) 477-3333 / (530) 615-7327 / TTY (530) 477-8194

Counties Served: Colusa, Nevada, Sierra, Sutter and Yuba

HOME AND HEALTH CARE MANAGEMENT (HHCM)

Shelly Estrada, Director of Transitional Care

sestrada@homeandhealthcaremgmt.com

(530) 343-0727 / (800) 400-0727

Counties Served: Butte, Colusa, Del Norte, El Dorado, Glenn, Humboldt, Lake, Lassen, Modoc, Nevada, Placer, Plumas, Sacramento, San Joaquin, Shasta, Sierra, Siskiyou, Solano, Sutter, Tehama, Trinity, Yolo and Yuba

INDEPENDENT LIVING CENTER OF KERN COUNTY (ILC-KC)

Jimmie Soto, Director of ILCKC

Jimmie@ilcofkerncounty.org

(661) 325-1063

Counties Served: Kern

INDEPENDENT LIVING CENTER OF SOUTHERN CALIFORNIA, INC. (ILC-SC)

Norma Jean Vescovo

nvescovo@ilcsc.org

(818) 785-6934

Counties Served: Los Angeles

INDEPENDENT LIVING RESOURCE CENTER, INC. (ILRC-SB)

Brian Hollander

bhollander@ilrc-trico.org

(805) 963-0595 x 112

Counties Served: San Luis Obispo, Santa Barbara and Ventura

INNERJOY HOME HEALTH SERVICE (INNER JOY)

Craig Michayluk

craig@innerjoy.com

(805) 522-1420

Counties Served: Los Angeles and Ventura

INSTITUTE ON AGING (IOA)

Matthew Mouille

mmouille@ioaging.org

(415) 750-8760

Counties Served: San Francisco, San Mateo and Santa Clara

LASTING INCOME FOR ELDERLY INC. (LIFE)

Lilian Bruce

lilianbruce@lifereferral.org

(805) 377-0625

Counties Served: Kern, Kings, Santa Barbara and Ventura

LIBERTANA HOME HEALTH OF SHERMAN OAKS (LHH)

Yanine Arias

varias@libertana.com

(800) 750-1444

Counties Served: Fresno, Imperial, Kern, Los Angeles, Orange, Riverside, San Bernardino, San Diego, San Luis Obispo, Santa Barbara and Ventura

PARTNERS IN CARE FOUNDATION (PARTNERS)

Jacqueline Ascenzi, MSW Lead Transition Coordinator

jascenzi@picf.org

(818) 408-5250

Counties Served: Los Angeles, Riverside and San Bernardino

SILICON VALLEY INDEPENDENT LIVING CENTER (SVILC)

Sheri Burns

Sherib@svilc.org

(408) 894-9041

Counties Served: Santa Clara

THE CARING CONNECTION (TCC)

Deb Harvey

deb@thecaringconnection.com

(818) 368-5007 / (888) 595-4555

Counties Served: Los Angeles, Orange and Ventura

VENTURA COUNTY AREA AGENCY ON AGING (VCAAA)

Haleh Hashemzadeh

Haleh.Hashemzadeh@ventura.org

(805) 477-7384

Counties Served: Ventura

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For legal assistance call 800-776-5746 or complete a [request for assistance form](#). For all other purposes call 916-504-5800 (Northern CA); 213-213-8000 (Southern CA).

Disability Rights California is funded by a variety of sources, for a complete list of funders, go to <http://www.disabilityrightsca.org/Documents/ListofGrantsAndContracts.html>.