Contact us!

Services from Disability Rights California are completely free. Contact us for more information.

(800) 776-5746

What you can learn about:

- Patients’ Rights
- Challenging conservatorship
- Applying for Social Security benefits
- Improving your living situation
- Accessing community resources
- Getting out and staying out of the hospital
- Communicating effectively

We at the PSA know that “change can and does happen!”

www.disabilityrightscsa.org

Disability Rights California is funded by a variety of sources. For a complete list of funders, go to: http://www.disabilityrightscsa.org/Documents/ListofGrantsAndContracts.html

“Las Reglas de la Gente”
by Ricardo Santibañez

“Change can and does happen!”
**Peer / Self-Advocacy (PSA) Program**

**Who is a Peer?**

Peers share something in common with one another. In the Peer/Self-Advocacy program, we are peers who share similar life experiences as individuals with mental health disabilities.

**What is the PSA?**

A program of Disability Rights California, the PSA program teaches peers how to advocate for themselves by providing self-advocacy groups, training, workshops and outreaches in residential care facilities, state hospitals and in the community.

**How Peer / Self-Advocacy Works**

We teach you to be your own advocate rather than advocate for you. By participating in self-advocacy groups, you will learn important knowledge and skills to help you access the services and resources you need.

**DRC’s Mission Statement**

“We advocate, educate, investigate, and litigate to advance and protect the rights of Californians with disabilities.”

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**How we can help you**

By participating in our self-advocacy services, you can:
- Learn your rights so you can advocate for yourself
- Identify your own goals
- Make a plan to reach your goals
- Learn about services available to you

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“Journey”
by Leslie Moreno

**We can help you**

- Change your life in ways you choose
- Fight for your rights and dignity
- Be your own advocate