IPP MEETING PLANNER

This worksheet can help you plan for your IPP Meeting. Use it to help you think about what you want in the future.

A PLACE TO LIVE

Where do you want to live?

Stay where I am
My parent’s place
My own place
With a foster family (Adult Family Home Agency)
A group home
Supported living
Independent Living
My own place with roommates
Other place

What services do you need to help you live where you want?

More training
Help with managing my money
An attendant or roommate
Help finding a place to live
Someone to give me regular support and help
Help with shopping, cooking, and/or cleaning
Being safe
Other service

A PLACE TO WORK OR ATTEND SCHOOL

Where do you want to work or go to school?

Stay where I am working now
In the community
In a workshop or center
What kind of work or school do you want to do?

Paid work
Volunteer work, what interests you?
Other type of work
College
Adult education classes
Other type of school

What services do you need to help with working or going to school?

Updating a resume
Applying for a job
A job coach or aide at the job
A tutor or note taker
Training in a workshop
Other training
Access to work place or class (like a ramp)
Transportation
Other services or supports

HAVING FUN

What do you want to do in your free time?

Visit friends
Exercise
Shop
Go to movies or plays
Volunteer work
Play sports
Listen to music/watch TV
Hobby
Dating
Join a self-advocacy group or People First
Help advocate for other people
Other activity
What services do you need to assist you to do the things you want to do?

Training
Attendant
Facilitator
Transportation
Circle of friends
Other services or supports

MEDICAL AND HEALTH

What medical or health services do you need?

Doctor services
Counseling
Dentist services
Sex education (safe sex, birth control)
Staying in shape, exercise or diet
Other health services

What other support do you need to access medical or health services?

Training
Attendant
Someone to ask questions
An advocate or lawyer
Facilitator
Other supports

OTHER THINGS

What other things do you want assistance with?

Cooking
Transportation
Shopping
Cleaning my place
Meeting more people/making friends or dating
Learning about sexual relationships and safe sex
Getting along better with people
Self-advocacy and knowing my rights
Problems with Social Security, SSI, or other benefits
Self-defense
Being on committees or a Board of Directors
Other assistance

What other services do you need assistance with?

Training
Attendant
Someone to ask questions
Help setting up a circle of friends
An advocate or lawyer
Mentor
Facilitator
Other services