

Ntu 2: Daim Ntawv Ua Kev Ntsuam Xyuas Tus Kheej

(Nco tseg: Qhov tshooj hauv qab no tsis tuaj yeem nkag tau tag nrho. Thov caw tiv tauj peb yog tias koj xav tau cov qauv ntaub ntawv sib txawv ntawm 1-800-776-5746.)

Cov Kev Pab Cuam Txhaw Nqa Hauv Tsev Daim Ntawv Ua Kev Ntsuam Xyuas Tus Kheej

Cov Kev Pab Cuam Hauv Teb Chaw: Rau cov neeg loj xwb. Cov menyuab tsis tsim nyog tau txais cov sij hawm kev pab cuam hauv tsev.

Cov kev pab cuam hauv teb chaw yog rau tswj ciam tas li rau 6 teev nyob rau ib lub hlis thiab rau ib yim neeg thiab raug faib los ntawm cov neeg nyob hauv tsev neeg. Yog tias koj xav tau ntau tshaj 6 teev ntawm cov kev pab cuam hauv tsev nyob rau ib hlis vim los ntawm tus txais kev pab cuam li kev xiam oob qhab (thiab lwm lwm yam., Kev tu chav dej tas li los ntawm qhov kev tsis tu ncuva , kev so tej puas plav txhawm txhij los ntawm kab kev hawb pob, lwm lwm yam.), ces kos lub sij hawm tsim nyog rau hauv kis ntawv hauv qab no.

COV ZEG TEEV COV KEV PAB CUAM IHSS HAUV TSEV UAS RAUG LUAM TAWM THIAB SAU NTXIV RAU HAUV COV CHAW SEEM

| COV KEV PAB CUAM HAUV TSEV | Hnub Monday | Hnub Tuesday | Hnub Wednesday | Hnub Thursday | Hnub Friday | Hnub Saturday | Hnub Sunday | TAG NRHO |
|---|----------------|-----------------|-------------------|------------------|----------------|------------------|----------------|-------------|
| a. Kev cheb tsev thiab kev nqus pa av | | | | | | | | |
| b. Kev so cov chaw ua zaub mov noj | | | | | | | | |

| COV KEV PAB CUAM HAUV TSEV | Hnub Monday | Hnub Tuesday | Hnub Wednesday | Hnub Thursday | Hnub Friday | Hnub Saturday | Hnub Sunday | TAG NRHO |
|---|------------------------|-------------------------|---------------------------|--------------------------|------------------------|--------------------------|------------------------|---------------------|
| c. Kev ntxuav lub tsu hluav taws xob thiab txee ua zaub ua mov noj | | | | | | | | |
| d. Kev ntxuav thiab kev ua kom cov de khov hauv lub tub yees (tshuab txias) yaj kom tag | | | | | | | | |
| e. Kev khaws zaub mov thiab cov khoom siv cia | | | | | | | | |
| f. Kev nqa khoom seem tawm mus cia sab nrauv | | | | | | | | |
| g. Kev so pluas plav thiab kev tsa tej kho sawv | | | | | | | | |

| COV KEV PAB CUAM HAUV TSEV | Hnub Monday | Hnub Tuesday | Hnub Wednesday | Hnub Thursday | Hnub Friday | Hnub Saturday | Hnub Sunday | TAG NRHO |
|---|------------------------|-------------------------|---------------------------|--------------------------|------------------------|--------------------------|------------------------|---------------------|
| h. Kev nqa roj rau lub taub lossis kev ua zaub mov noj los ntawm lub taub roj hauv tsev, ntau yam | | | | | | | | |
| i. Hloov pam pua | | | | | | | | |
| j. Ntau yam | | | | | | | | |
| COV KEV PAB CUAM HAUV TSEV TAG NRHO | | | | | | | | |

Cov kev pab cuam tshuam: Kev npaj zaub mov, ua kev nyiam huv zaub mov, ntxua khaub ncaws txhua hnu, mus kiab khw thiab ua hauj lwm lwm yam (Hnub Monday mus txob ntua Hnub Sunday.)

**COV ZEG TEEV COV KEV PAB CUAM IHSS CUAM TSHUAM UAS RAUG LUAM TAWM THIAB SAU NTXIV
RAU HAUV COV CHAW SEEM**

| COV KEV PAB CUAM UAS NTSIG TXOG | Hnub Monday | | | Hnub Tuesday | | | Hnub Wednesday | | | Hnub Thursday | | | Hnub Friday | | | Hnub Saturday | | | Hnub Sunday | | | TAG NRHO | | | |
|--|----------------|---|---|-----------------|---|---|-------------------|---|---|------------------|---|---|----------------|---|---|------------------|---|---|----------------|---|---|-------------|---|---|--|
| | B | L | D | B | L | D | B | L | D | B | L | D | B | L | D | B | L | D | B | L | D | | | | |
| Noj tshais=B, Noj sus=L, Noj hmo=D | B | L | D | B | L | D | B | L | D | B | L | D | B | L | D | B | L | D | B | L | D | B | L | D | |
| a. Kev npaj zaub mov, Kev thiaj zaub mov, Kev pab hlais zaub mov* | | | | | | | | | | | | | | | | | | | | | | | | | |
| b. Ua kev nyiam huv zaub mov thiab npaj tej zaub mov** | | | | | | | | | | | | | | | | | | | | | | | | | |

| COV KEV PAB CUAM UAS NTSIG TXOG | Hnub Monday | Hnub Tuesday | Hnub Wednesday | Hnub Thursday | Hnub Friday | Hnub Saturday | Hnub Sunday | TAG NRHO |
|---|------------------------|-------------------------|---------------------------|--------------------------|------------------------|--------------------------|------------------------|---------------------|
| <p>c. Ntxua khaub ncaws, kev ntxiv khaub ncaws, lij khaub ncaws, kev tum khoom, kev tais khoom cia thiab kev khaws khaub ncaws cia.</p> <p>(Feem ntau, 60 feeb nyob rau ib lub lim tiam nyob hauv tsev, 90 feeb nyob rau ib lim tiam nyob sab nrauv)***</p> | | | | | | | | |
| <p>d. Kev mus kiab khw lwm lwm yam / kev ua hauj lwm</p> <p>(Feem ntau, siab kawg 30 feeb nyob rau ib lim tiam)***</p> | | | | | | | | |
| TAG NRHO COV KEV PAB CUAM UAS CUAM TSHUAM | | | | | | | | |

ZEG COV KEV PAB CUAM IHSS NTIAG TUG TSIS MUAJ KEV KHO MOB UAS RAUG LUAM TAWM THIAB SAU RAU HAUV COV SEEM

| COV KEV PAB CUAM NTIAG TUG TSIS MUAJ KEV KHO MOB | Hnub Monday | Hnub Tuesday | Hnub Wednesday | Hnub Thursday | Hnub Friday | Hnub Saturday | Hnub Sunday | TAG NRHO |
|---|------------------------|-------------------------|---------------------------|--------------------------|------------------------|--------------------------|------------------------|---------------------|
| <u>UA KEV NYIAM HUV HNYAV</u> | | | | | | | | |
| <u>COV KEV PAB CUAM NTIAG TUG TSIS MUAJ KEV KHO MOB</u> | | | | | | | | |
| a. Kev ua pa* | | | | | | | | |
| b. Kev saib xyuas Hnyuv/ Zais Zis (xam muaj kev pab qhib/kaw lub rooj siv chav dej)* | | | | | | | | |
| c. Pub zaub pub mov thiab mus dej rau hau* | | | | | | | | |
| d. Lub dab da dej* | | | | | | | | |
| e. Hnav khaub ncaws* | | | | | | | | |
| f. Saib xyuas fab coj khaub ncaws* | | | | | | | | |
| g. Xwm kub* | | | | | | | | |
| h. Pab coj mus thiab tshem tawm tom txaj* | | | | | | | | |

| COV KEV PAB CUAM NTIAG TUG TSIS MUAJ KEV KHO MOB | Hnub Monday | Hnub Tuesday | Hnub Wednesday | Hnub Thursday | Hnub Friday | Hnub Saturday | Hnub Sunday | TAG NRHO |
|---|------------------------|-------------------------|---------------------------|--------------------------|------------------------|--------------------------|------------------------|---------------------|
| d. Tu ib ce, da dej, tu plaub hau, txhuam hniav thiab kho rau tes* | | | | | | | | |
| j. Pab txhuam tawv nqaij kom ntshav khiav tau zoo, tig cev txaj, pab tig cev ntawm lub tog zaum, pab nqa thia tshem tawm ntawm lub tsheb* | | | | | | | | |
| k. Pab saib xyuas thiab pab kho tej cuab yeej cuav rau* | | | | | | | | |
| TAG NRHO COV KEV PAB CUAM NTIAG TUG | | | | | | | | |

ZEG COV KEV PAB CUAM KEV XA MUS LOS UAS RAU LUAM TAWM LOS THIAB SAU RAU HAUV COV SEEM

| COV KEV PAB CUAM KEV XA MUS LOS | | Hnub Monday | Hnub Tuesday | Hnub Wednesday | Hnub Thursday | Hnub Friday | Hnub Saturday | Hnub Sunday | TAG NRHO |
|---|--|------------------------|-------------------------|---------------------------|--------------------------|------------------------|--------------------------|------------------------|---------------------|
| Kev thauj mus los kho mob | | | | | | | | | |
| a. Kev teev cai nyoog kev mus kho mob*** | | | | | | | | | |
| b. Cov peev txheej kev xaiv | | | | | | | | | |
| KEV CEEV FAJ KEV PHOM SIJ KEV UA HAUJ LWM HAUV VAJ | | | | | | | | | |
| KEV SOJ NTSUAM KEV TIV THAIV | | | | | | | | | |

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|--|--|--|--|--|--|--|--|--|--|
| <p><u>COV KEV PAB</u> <u>CUAM FAB KHO</u> <u>MOB</u></p> <p>(lwm lwm yam., Kev qhia ntsig txog xov mus ntsuas kev ua hauj lwm ntawm lub nplawv, kev txhaj tshuj, ncuaj sij hawm kev nyom ib ce qoj ib ce, lwm lwm yam., Ntsi ntsees)</p> | | | | | | | | | |
| <p>TAG NRHO COV KEV PAB CUAM TXHUA LUB LIM TIAM</p> <p>(Txhua yam tshwj tsis yog Cov Kev Pab Cuam Hauv Tsev)</p> | | | | | | | | | |
| <p>4.33 zaug txhawm rau kom tau txais tag nrho txhua hli</p> | | | | | | | | | |

| | | | | | | | | | |
|---|--|--|--|--|--|--|--|--|--|
| <p>Ntxiv Cov Kev Pab Cuam Hauv Tsev</p> <p>(ntau kawg 6 teev nyob rau ib lub hlis dhau ntawm kev xav tau sij hawm ntau ntxiv tuaj yeem nthuav tawm rau ntawm phab ntawv thib 1 saum toj no)</p> | | | | | | | | | |
| <p>TAG NRHO COV KEV PAB CUAM TXHUA HLI</p> | | | | | | | | | |

* Yog tias tus cim ntawm cov teev sib txig 20 lossis cov teev ntau dua rau ib lub lim tiam, tus tau txais kev pab cuam tsim nyog yog “muaj kev puas tsuaj loj.”

**Cov sij hawm ua kev nyiam huv zaub mov noj raug xam muaj nyob rau hauv kev txiav txim seb muaj kev puas tsuaj loj yog tias kev pab cuam IHSS uas muaj kev npaj zaub mov noj thiab kev noj haus ua tsim nyog.

*** IHSS yuav them nyiaj rau lub sij hawm kev xa mus los txhawm rau kom koj tau thiab los ntawm cov kev teev caij nyoog kho mob, xws li tos lub sij hawm. Txhawm rau them nyiaj rau kev teev cai tos kho mob, tus muab kev pab cuam yuav tau nthuav qhia tias lub caij nyoog thaum lawv nyob rau kev tos teev caij kho mob, lawv yuav tsis tuaj yeem tawm mus vim hais tias lawv tsistauj yeem khwv yees tau tias yuav ntev npaum li cas kev teev caij ntawm tos txais tos thiaj tau siv. Xov xwm ntau ntxiv txog kev xa mus los tom chaw teem caij kho Phab ntawv thib **40** ntawm **46**