



California's protection and advocacy system
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#6: Attachment to Fact Sheet on Services and Due Process under the HCBS Waiver

Services Available under HCBS Waiver¹

1. Case Management:

Note: Case management under this waiver is provided through the Targeted Case Management benefit contained in California's Medicaid State Plan.

2. Homemaker:

Services consisting of general household activities when the individual regularly responsible for these activities is temporarily absent or unable to manage the home and care for him or herself or others in the home.

3. Home Health Aide Services:

Through a home health agency (defined in 42 C.F.R. § 440.70).

4. Respite Care:

Intermittent or regularly scheduled temporary non-medical care and supervision provided in the consumer's own home or in an approved out-of-home location.

Respite care will be provided in the following location(s):

- a. Individual's home or place of residence
- b. Family member's home

¹Go here for a copy of Chapter 13 about the HCBS Waiver for regional center clients:
<http://www.disabilityrightsca.org/pubs/506301Ch13.pdf>

- c. Licensed respite care facility
- d. Adult Family Homes
- e. Certified Family Homes
- f. Adult Day Care Facility
- g. Community Recreational Setting (i.e. YMCA, sports club, community parks program)
- h. Camping Services
- i. Licensed Family Day Care
- j. Child Day Care Facility
- k. Licensed Preschool
- l. Voucher Respite Care

5. Habilitation:

Services designed to assist individuals in acquiring, retaining and improving the self-help, socialization and adaptive skills necessary to reside successfully in home and community-based settings.

Other Habilitation Service Definitions:

- Day habilitation – services to enable the consumer to attain or maintain maximum functional level.
- Supported employment – individual and group supported employment services as defined in Welf. & Inst. Code § 4851(n), (r), (s) and that picks up once employment is stabilized or services from the State Department of Rehabilitation (DR) are exhausted (18 months maximum) or when needed to supplement State DR services.
- Pre-vocational services that include work activity program services as defined in Welf. & Inst. Code §4851 (e).

6. Environmental Accessibility Adaptations:

Physical adaptations to the home may include the installation of ramps and grab-bars, widening of doorways, modification of bathroom facilities, or installation of specialized electric and plumbing systems which are necessary to accommodate the medical equipment and supplies which are necessary for the welfare of the individual. (Adaptations which add to the total square footage of the home are excluded from this benefit. May be provided up to 180 days prior to discharge from medical facility.)

7. Skilled Nursing

8. Transportation:

This service is offered in addition to help with getting to and from Medi-Cal services under 42 C.F. R. 431.53 and medical transportation services under the Medi-Cal State plan, and shall include transportation aides and such other assistance as is necessary to assure the safe transport of the recipient.

9. Specialized Medical Equipment and Supplies:

To include devices, controls, or appliances, specified in the plan of care, which enable recipients to increase their abilities to perform activities of daily living, or to perceive, control, or communicate with the environment in which they live.

10. Chore Services:

Services needed to maintain the home in a clean, sanitary and safe environment. This service includes heavy household chores, and minor repairs such as those which could be completed by a handyman.

11. Personal Emergency Response Systems (PERS):

A 24-hour emergency assistance service which is individually designed to meet the consumer's needs and comes with training. Limited to those individuals who have no caregiver or companion for periods of time, and who would otherwise require extensive routine supervision.

12. Family Training:

Training or counseling to families (broadly defined) of consumers served by waiver.

13. Adult Residential Care:

- Adult foster care: The total number of individuals that can be served cannot exceed three. Principle caregiver can live in the home or an adjacent or attached residence.
- Assisted living: 24-hour personalized care with units (dually occupied only when both occupants agree) that can be locked for privacy.
- Supported Living: Supported living services includes any individually designed service, or assessment of the need for service, which assists an individual consumer to live in a home that they own or lease and which is not licensed.

a. Other waiver services which are cost-effective and necessary to prevent institutionalization:

- Vehicle Adaptations to vehicles owned by consumer or family (broadly defined) when cost effective and where a written assessment by P.T. or O.T.
- Communication Aides: Human services – facilitators, readers, interpreters, translators.
- Crisis intervention.
- Mobile Crisis Intervention – immediate 24-hour emergency services.
- Crisis Intervention Facility Services – temporary 24-hour residential services.
- Nutritional Consultation.
- Behavior Intervention Services including the development, analysis and tracking of programs.
- Specialized Therapeutic Services: Specialized Therapeutic Services are services that provide physical, behavioral/social-emotional health, and or dental health care that have been adapted to accommodate the unique complexities presented by HCBS enrolled individuals, that require more time for communication, diagnoses that involve more complex and time-consuming care because of the developmental disability alone and in combination with comorbid conditions. Scope differs from state plan services because of above factors *and* support and counseling for family, provider travel, consultation with other health professionals, consumer training.

b. Specialized therapeutic services include:

- Oral Health Services: Diagnostic, Prophylactic, Restorative.
- Services for Maladaptive Behaviors/Social-Emotional Behavior Impairments (MB/SEDI) Due to/Associated with a Developmental Disability: Individual and group interventions and counseling.
- Physical Health Services: Physical Therapy, Occupational Therapy, Speech Therapy, Respiratory Therapy, Diagnostic and Treatment, Physician Services, Nursing Services, Diabetes Self-Management.
- Transition/Set Up Expenses: One-time expenses for transitioning from medical facility to consumer's own home in the community.