

# COALITION OF CALIFORNIANS FOR OLMSTEAD (COCO)

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## OLMSTEAD PLANNING SURVEY

Access Center of San Diego, Inc.

AIDS Legal Referral Panel

Alameda County Network of Mental Health Clients

Americans Disabled for Attendant Programs Today

Arc California

California Alliance for Inclusive Communities

California Foundation for Independent Living Centers

California Network of Mental Health Clients

Central Coast Center for Independent Living

Communities Actively Living Independent and Free

Community Resources for Independence

Disability Resource Agency for Independent Living

Disability Rights Education and Defense Fund, Inc.

Disability Rights, Enforcement, Education, Services

FREED Center for Independent Living

Independent Living Center of Southern California, Inc.

Independent Living Resource Center Contra Costa &  
Solano Counties

Independent Living Resource Center, Inc.

Independent Living Resource Center San Francisco

Independent Living Services of Northern California

IN SPIRIT

Legal Aid Foundation of Los Angeles

Marin Center for Independent Living

Mental Health Advocacy Project

Mental Health Association of Los Angeles County

Multiple Sclerosis – CA Action Network

National Senior Citizens Law Center

The Oaks Group

Organization of Area Boards

People First of California, Inc.

Protection & Advocacy, Inc.

Public Interest Law Firm

Resources for Independent Living

Self-Advocacy Board of Los Angeles

Self-Advocacy Council, VI

Silicon Valley Independent Living Center

United Autism Alliance

World Institute on Disability

### Your name and phone number (optional):

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#### I am:

- a. \_\_\_\_\_ a person with a disability\* living in an institution\*\*
- b. \_\_\_\_\_ a person with a disability **not** living in an institution
- c. \_\_\_\_\_ a person with a disability who is homeless
- c. \_\_\_\_\_ a family member of a person with a disability who lives in an institution
- d. \_\_\_\_\_ a family member of a person with a disability who does **not** live in an institution
- d. \_\_\_\_\_ a provider of long-term care services
- e. \_\_\_\_\_ an advocate for people who have disabilities
- f. \_\_\_\_\_ other; describe:
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*\*NOTE: Whenever the term "person with a disability" appears, it includes people of any ages, including children and seniors.*

*\*\*NOTE: Whenever the term "institution" appears, it includes nursing homes, board and care homes, developmental centers, and other large facilities housing more than 6 people who receive services there.*

### The disability population that I represent/am concerned about is: (check all that apply)

- a. \_\_\_\_\_ People age 65 and older
- b. \_\_\_\_\_ People with physical disabilities
- c. \_\_\_\_\_ People with mental disabilities
- d. \_\_\_\_\_ People with sensory disabilities

"A Coalition of Californians working toward community inclusion through the implementation of the *Olmstead* decision"

- e. \_\_\_\_\_ People with developmental disabilities
- f. \_\_\_\_\_ People currently residing in long-term care facilities
- g. \_\_\_\_\_ Youth in residential care
- h. \_\_\_\_\_ Youth in foster care transitioning to adulthood
- i. \_\_\_\_\_ People with disabilities who are homeless
- j. \_\_\_\_\_ Other \_\_\_\_\_

## KEY ISSUES TO ADDRESS

### I. Consumer Participation

The federal government says that individuals with disabilities and their representatives should be integral participants in planning and implementing *Olmstead*. Please tell us what you think the state should do to make this happen. Check all that you support and add your own ideas.

- a. \_\_\_\_\_ Add consumers to the Long Term Care Council, including people who are living or who have lived in institutions
- b. \_\_\_\_\_ Pay consumers as consultants to the *Olmstead* planning and implementation process
- c. \_\_\_\_\_ Hold planning/workgroup meetings in different locations around the state
- d. \_\_\_\_\_ Have free call-in number to participate in meetings
- e. \_\_\_\_\_ Pay for consumers to participate (i.e., travel, attendants).
- f. \_\_\_\_\_ Provide consumer-friendly materials and facilitation, if necessary, to help all consumers understand
- g. \_\_\_\_\_ Provide adequate notice for meetings so people can attend, and provide written materials in advance so people can prepare
- h. \_\_\_\_\_ Have all meetings in accessible locations near public transit
- i. \_\_\_\_\_ Provide information on how to request accommodation to participate in the process
- j. \_\_\_\_\_ Have consumers/representatives on each workgroup/planning committee(s) and all implementation workgroups
- k. \_\_\_\_\_ Translate materials into different languages

I. \_\_\_\_\_ Other ideas:

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**II. Housing: Identify the needs in your community**

**Which housing or community living arrangements need to be expanded in your community to keep people out of institutions and get people out of institutions? Put two marks "xx" next to the most important; one mark "x" next to other important ones.**

- a. \_\_\_\_\_ Affordable rental housing
- b. \_\_\_\_\_ Section 8 vouchers and other rent subsidies
- c. \_\_\_\_\_ Supportive housing/supported living
- d. \_\_\_\_\_ Accessible housing
- e. \_\_\_\_\_ Shared living arrangements
- f. \_\_\_\_\_ Foster family homes for adults
- g. \_\_\_\_\_ Foster family homes for children
- h. \_\_\_\_\_ Small group homes (6 or fewer people)
  - i. With little additional support \_\_\_\_\_
  - ii. With behavior supports \_\_\_\_\_
  - iii. With nursing supports \_\_\_\_\_
- i. \_\_\_\_\_ Crisis homes
- j. \_\_\_\_\_ Short term transitional housing
- k. \_\_\_\_\_ Affordable rental housing with services
- l. \_\_\_\_\_ Down payment or other home ownership assistance
- m. \_\_\_\_\_ Home modifications and repair
- n. \_\_\_\_\_ Assisted Living facilities
- o. \_\_\_\_\_ Other: \_\_\_\_\_

**III. Community Services: Identify the needs in your community**  
**Which services most need to be expanded in your community to**  
**keep people out of institutions and get people out of institutions?**  
**Put two marks "xx" next to the most important ones; one mark "x"**  
**next to other important ones.**

- a. \_\_\_\_\_ Day activities, such as
  - i. Adult day care
  - ii. Adult day health care
  - iii. Alzheimers care
  - iv. Drop-in centers
  - v. Integrated day programs
  - vi. After school programs
- b. \_\_\_\_\_ Financial assistance
- c. \_\_\_\_\_ Transportation, including
  - i. Taxi vouchers
  - ii. Paratransit
  - iii. Fixed route buses
- d. \_\_\_\_\_ Backup/emergency attendant care
- e. \_\_\_\_\_ Voluntary in-home crisis care
- f. \_\_\_\_\_ Peer support and counseling
- g. \_\_\_\_\_ Emergency response system
- h. \_\_\_\_\_ Adaptive equipment, such as
  - i. Hospital bed
  - ii. Electric or manual wheelchair
  - iii. Adaptive/assistive technology/equipment
- i. \_\_\_\_\_ Personal assistant services/attendant care
- j. \_\_\_\_\_ Meals, e.g., home delivered or at a center
- k. \_\_\_\_\_ Homemaker
- l. \_\_\_\_\_ Crisis homes
- m. \_\_\_\_\_ Mobile crisis intervention
- n. \_\_\_\_\_ Home health services (visiting nurse, visiting aide)
- o. \_\_\_\_\_ Respite care to relieve unpaid caregivers, including

- i. In-home
  - ii. Short term out-of-home respite care
- p. \_\_\_\_\_ Employment Services (help getting a job)
- q. \_\_\_\_\_ Supported employment
- r. \_\_\_\_\_ Transition services (institution to community), such as
  - i. First and last month's rent
  - ii. Security Deposit
  - iii. Home furnishings
- s. \_\_\_\_\_ Home modification
- t. \_\_\_\_\_ Supported living services
- u. \_\_\_\_\_ Case management/service coordination
- v. \_\_\_\_\_ Money management
- w. \_\_\_\_\_ Behavioral supports
- x. \_\_\_\_\_ Independent living training
- y. \_\_\_\_\_ Advocacy services
- z. \_\_\_\_\_ Wraparound services for children to live with their families
- aa. \_\_\_\_\_ Other services needed to prevent or delay institutionalization:

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**IV. What other barriers do people with disabilities face when they need care in the community? Check all that apply.**

- a. \_\_\_\_\_ Lack of information about community long term care services. People don't know where to go to find out about alternatives to nursing homes and other institutions.
- b. \_\_\_\_\_ Lack of assistance in obtaining services
- c. \_\_\_\_\_ Lack of coordination of services
- d. \_\_\_\_\_ Lack of assessment for community services
- e. \_\_\_\_\_ Easier to get into a nursing home than to find adequate services at home

- f. \_\_\_\_\_ Service providers are not familiar with alternatives to institutional care
- g. \_\_\_\_\_ Waiting lists for community services
- h. \_\_\_\_\_ Not enough funding for the waiver services such as nursing facility alternatives and case management
- i. \_\_\_\_\_ Not enough flexibility in how people can design, use and pay for in-home services.
- j. \_\_\_\_\_ Lack of community services, specifically:

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k. Other barriers, specify:

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**V. Strategies: Which strategies are needed so that people who want to leave institutions can do so, and so that people who want to stay out of institutions can do so? Put two marks "xx" next to the most important ones; one mark "x" next to other important ones.**

a. _____	Increase transition services to assist people moving from institutions to living in the community
b. _____	Increase affordable and accessible housing
c. _____	Increase Medicaid Waivers so everyone who meets Medicaid's requirements gets services to stay out of institutions if they want to
d. _____	Operate a diversion program which offers people alternatives before they go into an institution, so they stay at home if they choose

e. _____	Adopt the "money follows the person" program so that individuals can choose whether to spend Medi-Cal funds on care at home or care in an institution
f. _____	Ensure that all services are voluntary - that no one is forced to accept any service or placement
g. _____	Increase consumers' knowledge of their rights and options, including their right to choose among available service options
h. _____	Establish one-stop centers and toll-free number for all long term care information and resources
i. _____	Eliminate cap on IHSS(attendant care) hours per consumer
j. _____	Involve community groups and peer advocates in helping people get out or stay out of institutions, including awarding outreach grants for the groups
k. _____	Require comprehensive discharge plans for all persons residing in institutions that identify the resources and supports they need to live in the community
l. _____	Allow long term care consumers to design their own services plans within a set budget (this may be called "self determination" or "cash and counseling")
m. _____	Increase funding to attract new providers where an insufficient local supply can be documented
Other	


**VI. Next steps**

**What would you like the state of California to do right now?  
Please check any you think are important.**

- a. \_\_\_\_\_ For people who want to get out of institutions and have already been approved: move them out NOW!
- b. \_\_\_\_\_ Write an *Olmstead* Plan which has deadlines and goals, and which makes state agencies and officials responsible for following the plan
- c. \_\_\_\_\_ Write an *Olmstead* Plan that covers the next ten years
- d. \_\_\_\_\_ Circulate the draft *Olmstead* Plan for public comment before it is finalized
- e. \_\_\_\_\_ Include legislative and funding recommendations in the *Olmstead* Plan

**VII. Do you agree or disagree?**

California's public policy should give preference to community-based care, and make institutional care a last resort.

\_\_\_\_\_ Agree

\_\_\_\_\_ Disagree