

# Brain Injury Awareness Month

## *Living with Brain Injury*

The Brain Injury Association of America announces its "Living with Brain Injury" initiative and resources for Brain Injury Awareness Month. March 2006 is this year's Brain Injury Awareness Month (BIAM). To raise awareness so that the public better understands brain injury and its life-altering consequences, BIAA announces the availability of new materials for the public, those who have experienced a brain injury, their family members/caregivers, professionals and interested persons. A new brain injury awareness packet and materials are now available.

The "Living with Brain Injury" packet includes:

- "A Basic Glossary: Legal Terms for People with Brain Injury" booklet;
- "Overcoming Loneliness and Building Lasting Relationships after Brain Injury" booklet;
- "Preparing for Life after High School: Next Steps" booklet;
- "Communicating with an Adult after Brain Injury" tip card;
- Centers for Disease Control and Prevention's "Facts about Traumatic Brain Injury" fact sheet;
- Directory of the Association's Chartered State Affiliates;
- "Traumatic Brain Injury Model Systems" sheet; and
- "Brain Injury Awareness Activity Guide."

We encourage you to join this nationwide effort to conduct BIAM activities and increase awareness about living with brain injury. The new activity guide suggests activities and provides brain injury professionals with tools that they can use during BIAM. Together, we can prevent injuries, increase awareness and create a better future for individuals with brain injury and their families and caregivers.

These materials can be downloaded via this website:

<http://www.biausa.org/Pages/biam2006.htm>. Additional copies may be purchased for a nominal fee at the BIAA bookstore.